MIAMI SPRINGS/VIRGINIA GARDENS OPTIMIST FLAG FOOTBALL

Waiver and Release Form for Liability

- I acknowledge that Flag Football or any sporting event is an extreme test of a person's physical and mental limits and carries with it the potential for injury, death or property loss. I recognize that I may be asked to practice for, participate in, and travel to and from Flag Football events on behalf of MSVG Optimist Club and I HEREBY ASSUME THE RISK OF PARTICIPATION IN THE Flag Football Program.
- I agree that prior to participating, I will inspect the facilities and equipment to be used and if I believe anything is unsafe, I will immediately advise the coach or supervisor of such condition(s) and refuse to participate.
- I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns:
- I Waive, RELEASE, AND DISCHARGE from any and all claims or liabilities for death or personal injury or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from the Flag Football Program, THE FOLLOWING PERSONS OR ENTITIES: MSVG Optimist Club and the City of Miami Springs; the Team for which I play; the Team for which I am trying out with; any sponsors obtained by the Club; and Players or Coaches; any Officers, Directors, Employees, Representatives and Agents of the above.
- I AGREE NOT TO SUE nor bring any type of lawsuit against any persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and
- I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions.
- I have read this document and I understand its contents. I understand that I have given up substantial rights by accepting this document and do so voluntarily.
- FOR MINORS ONLY: I AM UNDER THE AGE OF EIGHTEEN (18) YEARS OLD. MY PARENTS/GUARDIAN HAS READ AND COMPLETED THE SECTION BELOW.
- (If the applicant is under eighteen (18) years of age, a parent or guardian must execute, in addition to the foregoing Waiver and Release, the following, for and on behalf of the minor.) The parent and natural guardian or legal guardian of applicant hereby agree to the foregoing Waiver and Release for and on behalf of the named herein. I hereby bind myself, the minor and all other assigns to the terms of the Waiver and Release. I represent that I have legal capacity and authority to act for and on behalf of the minor in the execution of the Waiver and Release.

Participant's Name-Print	Participant's Signature	Date
Parent/Legal Guardian Name-Print	Parent/Legal Guardian-Signature	Date